Go to any bookstore or search online and there is no shortage of material about healthy living. From diet to exercise to every form of behavior medication imaginable and everything in between those margins, there is no shortage of information. All of the material in one form or another will mention the health of one’s heart is vital to the one’s overall health. Doesn’t matter what you do if you are not doing something to strengthen your heart then all else will be somewhat futile. A great diet combined with a stable or declining heart will lead to more of the same or a weakening condition.

The same is true for your spiritual health. There are lots of things we can do but if we are not attentive to our heart condition, our relationship with Jesus Christ, then we are fighting a declining battle. Exercise your heart in all the ways necessary and you are familiar with to strengthen your relationship with the Lord. Your spiritual health will improve and you will feel and function much better. And I believe you will experience the blessing and favor of the Lord in greater measure.

Alan & Lori Beasley, abeasley@jasperfirstumc.com, 205.388.9001

Most of us measure life in years and months and days. When a child is born we measure its life first in days until it has lived 30 days then we start measuring life in months. A child’s life is measured in months until they reach 24 months, then we switch to measuring its life in years. We continue to measure life in years until we reach the end of our lives and die. The Psalmist said, “Seventy years are given to us! Some even live eighty. But even the best years are filled with pain and trouble soon they disappear, and we fly away.” (Psalm 90:10 NLT)

My older brother died and was buried last Friday he was 75 years old. His life was longer than the seventy the psalmist said we were given, but for his two brothers and sister his life was too short. My brother’s life was cut short by the dreaded “C” word. This time it was colon cancer. Three times cancer has visited my family, one brother died from brain cancer, one sister died from breast cancer, and now a brother has died with colon cancer.

I believe the only true measure of life is our relationship with Jesus Christ. In John’s gospel Jesus said, “My purpose is to give them a rich and satisfying life.” (John 10:10 NLT) At my brothers funeral his pastor was talking about my brother’s relationship with Jesus. At one point I was thinking is he talking about the same person I have known for 75 years. I did not know about my brother’s relationship with Jesus or how the people at the church he attended knew him. Life is so much more than just the number of years that we live. It is loving and being loved by the one who came to give us life. Measure your life by your relationship with Jesus Christ.

Tex Ergle
Volunteer Opportunity

Summer help needed! Brandy, Stephanie, Linley, Lori, Bess, Angie and Lori are the amazing Sunday school teachers who care for the children each week. They do an amazing job loving the kids, listening to them, and sharing their faith with them. This summer they will need to miss a few Sundays due to vacation. We need your help. If you are willing to fill in for these ladies, please let Tamara know. Grab a friend and co-teach. It really is fun and I am sure you will be enlightened by what these kids will share with you. Also, the nursery staff will be taking some vacation time. If you are interested in caring for our sweet babies during either service for a Sunday this summer just call or text Tamara 205-544-0328.

Thanks for your support. Jasper 1st UMC Kids are the best!

MEMORIALS

Jerry Byars
(on his birthday)
by
Kay Byars

Montae James Cain
by
Alabama Laureate Rho
Gail & Johnny Bagley
Kay Byars
Linda & Wade Clark
Kellie & Charlie Cook-Chancel Choir
Mike Cordle-Chancel Choir
Cunningham Bounds, LLC
Libba & Hoyt Elliott
Boogie Franklin
Annette & Joe Kelley-Chancel Choir
Dot & Ray McAdams
Cindy & David McDonald
Meagan & Andy Summers
Cherie J. Woodard
Phyllis & Philip Woods

James Ergle
(brother of Tex Ergle)
by
Gail & Johnny Bagley
Kay Byars
Kellie & Charlie Cook
Boogie Franklin
Annette & Joe Kelley
Dot & Ray McAdams
Phyllis & Philip Woods

Ken Fender
by
Dot & Ray McAdams

VBS 2019
SAVE THE DATE
Sunday-Wednesday
July 21-24
6:00-8:00 p.m.

Staff Email Addresses

Alan Beasley: abeasley@jasperfirstumc.com
Stuart Branstetter: sbranstetter@jasperfirstumc.com
texergle@gmail.com
Tamara Matthews: tamara@jasperfirstumc.com
John Stallsmith: John.stallsmith@bscc.edu
Cheryl Odle: cheryl@jasperfirstumc.com
Lanny Capps: lanny@jasperfirstumc.com
Preschool: preschool@jasperfirstumc.com
Church website: www.jasperfirstumc.com

Acolyte & Crucifer Assignments Through August 2019

<table>
<thead>
<tr>
<th>Date</th>
<th>Crucifer</th>
<th>Acolytes</th>
</tr>
</thead>
<tbody>
<tr>
<td>7/7</td>
<td>Lindsey Horsley</td>
<td>Luke Horsley, Caden Steiner</td>
</tr>
<tr>
<td>8/4</td>
<td>Margaret Thornley</td>
<td>Lily Trice, Charlotte Trice</td>
</tr>
<tr>
<td>8/11</td>
<td>Scout Barber</td>
<td>Lily Bishop, Anna Gamotis</td>
</tr>
<tr>
<td>8/18</td>
<td>Evan Jent</td>
<td>Julianna Fender, Ethan Grace</td>
</tr>
<tr>
<td>8/25</td>
<td>Sailor Redmill</td>
<td>Parker Moore, Drew Matthews</td>
</tr>
</tbody>
</table>

The Acolyte & Crucifer schedule through August is shown below. If you have any questions, please let Tamara (544.0328) know. Thank you for allowing your children to assist with our worship service.
Prayer of Invitation—Come, Holy Spirit, come. Come as the wind and blow. Come as the fire and burn. Convict, convert, and consecrate, until we are all fully thine. Amen.

Sermon:  “We Witness to the Witness.”-Rev. Alan Beasley
Scripture:  Acts 1:1-8

8:30 a.m.  Celebration Service
Praise & Worship:  Even So Come; Reckless Love; Redeemed

10:55 a.m.  Traditional Service
Selected Hymns:  Only Trust Him; Savior, Like A Shepherd Lead Us
Greeters:  Juanita Eads and Louise Zimmer
Liturgist:  Shane Weber
Children’s Church:  Tamara Matthews
Ushers:  Griff O’Rear (head), Jimmy Cannon, Ron Howton and Scott Thornley

In-Home Communion:  Sue Banks and Pat & Darrell Spears

Worship Attendance-Week of May 26, 2019

<table>
<thead>
<tr>
<th>Event</th>
<th>Attendance</th>
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<tbody>
<tr>
<td>Celebration Service</td>
<td>171</td>
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<tr>
<td>Traditional Service</td>
<td>84</td>
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<tr>
<td>Online Viewers</td>
<td>34</td>
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<tr>
<td>Facebook Live</td>
<td>59</td>
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<tr>
<td>Youth Service</td>
<td>20</td>
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<tr>
<td>Hope Kitchen</td>
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<tr>
<td><strong>Total in Worship</strong></td>
<td><strong>397</strong></td>
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Tithes, Offerings & Other Income May 26, 2019

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Budget</td>
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<tr>
<td>Designated</td>
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<tr>
<td><strong>Total Income</strong></td>
<td><strong>$13,224.04</strong></td>
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</tbody>
</table>

Dr. David Rowland will celebrate his 98th birthday on June 17, 2019. In celebration of his birthday, David’s family extends an invitation to join David for cake and ice cream at Jasper First United Methodist Church on Saturday, June 1, 2019 from 2:00-4:00 p.m. in the Fellowship Hall. No gifts please, but remember his birthday with a card and feel free to share a special story or thought.
First United Methodist Church
1800 Third Avenue, South
Jasper AL 35501
Phone: 205-387-2111      Fax: 205-387-2140
Visit our church online at www.jasperfirstumc.com

Church Calendar of Activities

**Sunday, June 2**

*8:30 a.m.  Celebration Worship Service
*10:00 a.m.  Sunday School
*10:55 a.m.  Traditional Worship Service

**Monday, June 3**

**Tuesday, June 4**

9:00 a.m.-2:00 p.m. Champ Camp

**Wednesday, June 5**

9:00 a.m.-2:00 p.m. Champ Camp
12:00 Keen Club, Fellowship Hall
6:00 p.m. Chancel Choir Rehearsal

**Thursday, June 6**

9:00 a.m.-2:00 p.m. Champ Camp

**Friday, June 7**

* Nursery Provided

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Breast Cancer Support Group of Walker County

Thursday, June 13
1:30 –4:00 p.m.
Jasper Public Library

For more information call 401.7559 or 387.2657

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